



## **HEALTH SCRUTINY PANEL**

**11 AUGUST 2004**

### **SCRUTINY OF “HEALTHY LIVING” REVIEW**

#### **1.0 PURPOSE OF THE REPORT**

- 1.1 To establish a timetable and general approach to conducting a review into Healthy Living.

#### **2.0 RECOMMENDATION**

- 2.1 That the Panel determine the timetable and general approach to the review which clearly identifies the organisations and the range of information the Panel consider necessary to undertake an effective scrutiny.

#### **3.0 BACKGROUND**

- 3.1 The Panel met on 15<sup>th</sup> July and confirmed their terms of reference, which are

- Are healthy living initiatives co-ordinated
- Can an overarching strategy be developed
- How are outcomes measured and evaluated

- 3.2 At this meeting the Panel received an outline from the Mayor on the issues he considered important and the necessity for a co-ordinated approach to ensure a healthy lifestyle for people.

- 3.3 The Panel determined that following the Mayors outline, it would be appropriate for a Council official to convey to the Panel the present framework of organisations who both deliver services which encourage a healthy lifestyle and those services which endeavour to tackle the

problems associated with a lifestyle which could be detrimental to health.

#### **4.0 PRESENT Co-ORDINATION**

- 4.1 The Panel will be receiving a presentation from the Councils Healthy Living Centre Co-ordinator. This will provide the Panel with the opportunity to determine the current level of co-ordination and also explore those areas which are considered may need further support or encouragement to enhance the services being provided to ensure the health of local people.

#### **5.0 FUTURE MEETINGS**

- 5.1 Once the Panel has received information and explored issues from the Healthy Living Centre co-ordinators presentation, it will assist the Panel in clarifying the direction it needs to take and the questions it wishes to pose. There are clear benefits for the Panel to identify the areas of enquiry and from which organisation.
- 5.2 The Panel are requested to determine the date of the next meeting and also the purpose of the meeting which will enable organisations to prepare accordingly.
- 5.3 Suggested lines of enquiry outside of the Council would include inviting Middlesbrough PCT to comment on the benefits and deliverability of a Strategy targeted towards improving a healthy Living environment.

### **5 ESTABLISHING COMMITMENT**

- 6.1 The Panel may wish to consider convening a seminar with a range of organisations, which will focus on Healthy Living. This could form the platform for developing a focused strategy with a range of committed partners.

#### **7.0 BACKGROUND PAPERS**

None

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